

CGM Initiative eligibility expansion, July 2022

# Information for new users of CGM or Flash GM technology

This information sheet is for people with type 1 diabetes who have never used continuous glucose monitoring (CGM) or flash glucose monitoring (Flash GM) products before.

## Key information

- Access to subsidised continuous glucose monitoring (CGM) and flash glucose monitoring (Flash GM) products through the NDSS is expanding to include all people with type 1 diabetes.
- Rollout of the expansion will commence on 1 July 2022.
- There are different pathways for newly eligible people registered with the NDSS to start accessing subsidised products. The exact date you can start purchasing subsidised products will depend on the pathway relevant to you.
- Once your eligibility is confirmed, you will receive notification from the NDSS confirming access and you will be able to start purchasing subsidised products through NDSS Access Points (usually a community pharmacy).
- For people with type 1 diabetes aged 21 years or older who do not have concessional status, the co-payment you will pay is equivalent to \$32.50 per one month's supply.

## The Australian Government's Continuous Glucose Monitoring (CGM) Initiative

The Australian Government provides access for eligible people to subsidised CGM and Flash GM products through the NDSS. The CGM Initiative aims to assist in the:

- reduction of the number of severe hypoglycaemic events
- improvement of blood glucose control in people with poor glycaemic awareness or suboptimal glycaemic management (maintaining blood glucose levels in the target range reduces the risks of developing diabetes-related complications)
- reduction of visits to emergency departments, and missed work and/or school days by helping eligible people and their families to manage their type 1 diabetes
- reduction in anxiety for eligible people with type 1 diabetes.

## CGM Initiative eligibility expansion

Access to subsidised CGM and Flash GM products through the NDSS is expanding to

include all people with type 1 diabetes. This means people with type 1 diabetes aged 21 years or older who do not have concessional status will have access to subsidised CGM and Flash GM products through the NDSS. Rollout of the expansion will commence on 1 July 2022.

As a new user of CGM or Flash GM technology you will need to see your diabetes health professional and together you will need to decide which is the most suitable CGM or Flash GM product for you. You can do this at your next appointment with your diabetes health professional and they will need to complete a Continuous and Flash Glucose Monitoring Access Form. It may take a number of weeks if you are trying to see them outside of your regular appointment.

### Continuous and Flash Glucose Monitoring Access Form

The application form for you and your diabetes health professional to complete can be certified by them online through the NDSS Health Professional Portal or by using the form available to print from the NDSS website. If they complete your Access Form online through the NDSS Health Professional Portal, the form will be processed, and your access confirmed within minutes if all required information is supplied. If a printed form is being submitted, it may take up to two weeks to be processed and confirmation sent once the form is submitted to the NDSS.

Only authorised health professionals whose usual scope of practice includes the ongoing management and care of people with type 1 diabetes and are listed on the Continuous and Flash Glucose Monitoring Access Form relevant to you can certify your access. These are:

- credentialed diabetes educator (CDE)
- endocrinologist/diabetologist
- nurse practitioner
- physician
- paediatrician.

CGM Initiative forms cannot be certified by a general practitioner (GP) or practice nurse.

### More about the co-payment

The exact amount you will have to pay for a box of sensors will depend on the type of CGM or Flash GM device you are using and lifespan of the sensor.

However, co-payments for all CGM and Flash products are equivalent – that is you won't pay more or less based on the product you select.

The co-payment you will pay is the equivalent of \$32.50 per one month's supply.

The Government subsidy will be applied to the equivalent of one month's supply based on the manufacturer's recommended product lifespan.

Please note, product limits apply. If you use more sensors than recommended by the manufacturer per month, then it will cost you more than the co-payment equivalent to \$32.50 per one month's supply. If you exceed your annual product supply limit, you will be unable to order additional subsidised products through the NDSS.

### Support from your diabetes health professional

It is important to maintain regular engagement with your diabetes health professional (credentialed diabetes educator (CDE), endocrinologist/diabetologist, nurse practitioner, physician) for optimal diabetes management and up-to-date training and education on the use of diabetes technology. Your diabetes health professional is an expert on diabetes care and will help you get the most benefit from your diabetes technology. As a new user of CGM or Flash GM technology, you will need to see your diabetes health professional and together you will need to decide which CGM or Flash GM product is the most suitable for you.

### Information, resources, and education

The NDSS provides a broad range of information, resources and education sessions (including online webinars) about CGM and Flash GM technology. These resources and sessions are a great place to start before you try to get an appointment with your diabetes health professional if you are thinking about using CGM or Flash GM technology.

### How to find out more?

We're here to help. Go to the NDSS website to find out more about the CGM Initiative eligibility expansion and helpful FAQs relevant to you. If you have any questions, please contact us via email on [info@ndss.com.au](mailto:info@ndss.com.au) or call the **NDSS Helpline** on **1800 637 700**.