

During my diabetes visit card



At my visit we talked about: (please choose)



choosing
healthy foods



exercise



glucose
numbers



diabetes meter/
equipment



diabetes
medications/insulin



other
medications



eyes



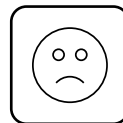
hands



feet



skin



stress/feelings



going to see
another health
professional

Other

.....



At your diabetes visit, write down the things you need to do.

This can help you share the information with your carer, support person or other health professionals if you want to.

What do I need to do after my visit...

1.

Who will do this or help me to do this?..... Done

2.

Who will do this or help me to do this?..... Done

3.

Who will do this or help me to do this?..... Done

4.

Who will do this or help me to do this?..... Done

5.

Who will do this or help me to do this?..... Done

6.

Who will do this or help me to do this?..... Done

My next diabetes visit date: / /