

Information Prescriptions

Information Prescriptions are a personalised single A4-sized page which include easy-to-read explanations, clear images and individual goals to help prevent diabetes health-related complications. They are designed to give people living with diabetes the information that they need to understand, engage with and improve on their health targets.

- Diabetes and your blood pressure
- Diabetes and your cholesterol
- Diabetes and your HbA1c
- My emotions and diabetes
- Diabetes—keeping your kidneys healthy
- Diabetes and kidney disease
- Diabetes, contraception and pregnancy
- Diabetes and your feet
- Improving your diabetes knowledge



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