

Welcome to the National Diabetes Services Scheme (NDSS).

Now that you are registered with us, you can access a range of NDSS services such as diabetes education programs, resources and products at subsidised prices to help you manage your gestational diabetes.

Your NDSS registration card is attached and is valid for 12 months.

- To access subsidised diabetes products through the NDSS take this card with you to an NDSS Access Point, usually your local community pharmacy. To find a community pharmacy in your area go to healthdirect.gov.au/search-results/pharmacy or call our NDSS Helpline on **1800 637 700**.
- Please sign the back of your card. If you are a person under 15 years old or an adult receiving continuing care, your parent or carer should sign the card.
- You will need your card every time you order products or access services through the NDSS.

Enclosed is a booklet called ***Gestational Diabetes: Caring for yourself and your baby*** which provides information on managing gestational diabetes during your pregnancy.

You have also been registered with the National Gestational Diabetes Register. Please see the flyer included with this letter for more information.

If you have any questions, please contact us via email on info@ndss.com.au or call the NDSS Helpline on **1800 637 700**.

Yours sincerely,

Jan Ridd
General Manager, National Diabetes Services Scheme
Diabetes Australia

NATIONAL **GESTATIONAL DIABETES** REGISTER

ndss

National Diabetes Services Scheme

An Australian Government Initiative

Welcome to the National Gestational Diabetes Register

The National Gestational Diabetes Register is part of the National Diabetes Services Scheme (NDSS). This register aims to support women with gestational diabetes to manage their health during and after pregnancy.

When you were registered with the NDSS, you were also included on the National Gestational Diabetes Register. The Register can help with reminders for regular health checks and support to help you look after your future health.



NDSS Helpline 1800 637 700
ndss.com.au

 **diabetes**
australia

The NDSS is administered by Diabetes Australia

About the Register

The Register provides:

- Support for a healthy lifestyle, now and after pregnancy.
- Reminders about regular health checks after your pregnancy with gestational diabetes - these reminders are sent to both you and your general practitioner (GP).
- Links to more information and services to support your long-term health.

Updating your details

- We will continue to send you information after pregnancy.
- To do this, we need your current postal address, email, mobile number and the contact details of your GP.
- You can update your details, or opt out, here ndss.com.au/gdm-update or by calling the NDSS Helpline on **1800 637 700**.

You can find this information in other languages on our website.



[ndss.com.au/
gestational-welcome](https://ndss.com.au/gestational-welcome)

