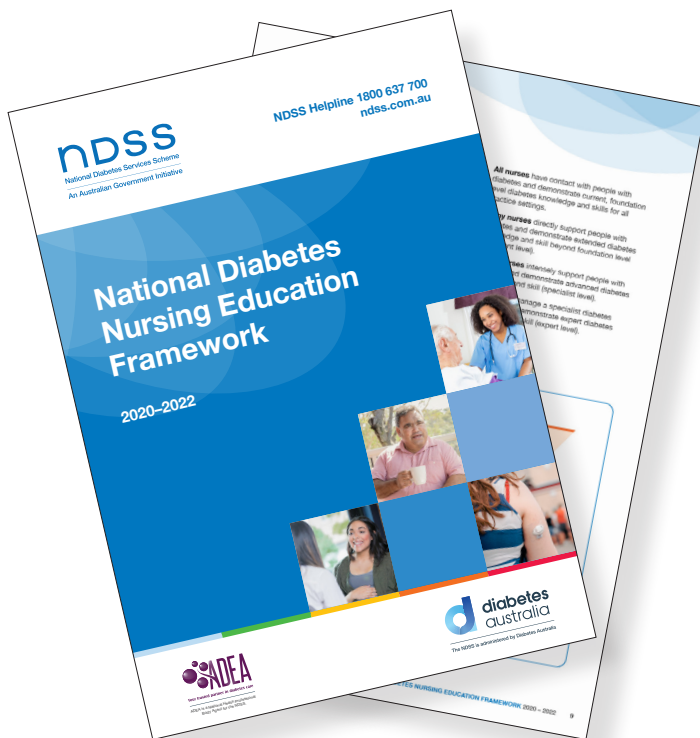


## An education framework for diabetes nurses

This information sheet is for people living with diabetes. It describes the National Diabetes Nursing Education Framework that has been created to increase nurses' knowledge and skills in relation to diabetes. This will, in turn, help you with your diabetes.



Diabetes requires careful management by you and your health care team, every day. When you work together, you can achieve better health outcomes.

Nurses are important members of your diabetes care team. Depending on your needs, and the expertise and roles of the nurses in your team, they may help you with things like:

- » general health information and advice
- » referring you to other health professionals
- » educating you so you can self-manage your diabetes
- » conducting your annual cycle of care checks
- » arranging or providing in-hospital care
- » explaining and introducing diabetes technology
- » troubleshooting any issues you may have
- » providing guidance and increasing your understanding of diabetes.

The National Diabetes Nursing Education Framework will give nurses the knowledge and skills they need to help people like you manage your diabetes and improve your overall health care experience.

## What is the National Diabetes Nursing Education Framework?

This new framework will help to develop a skilled nursing workforce that can provide a high standard of diabetes care.

### The framework has three parts.

- » **Part One** describes four nursing practice levels in diabetes care: foundation, proficient, specialist and expert. There is also a pathway for nurses who want to build their competence and specialisation in diabetes.
- » **Part Two** outlines diabetes care and management competencies at each nursing practice level.
- » **Part Three** contains knowledge and skill statements listed under different aspects of diabetes care. Developing knowledge and skills helps nurses to achieve the competencies listed in Part Two.

This framework is for all nurses, and it covers all types of diabetes across different ages and stages of life.

An online learning package complements the framework, helping nurses gain the foundation-level knowledge they need.

## How will the framework help you?

The framework will show you what you can expect nurses to know about diabetes, and give you an understanding of what nurses can do to help you.

You can also use the framework to talk to your health care team about whether a specialist or expert nurse, or a Credentialed Diabetes Educator, may help you manage your diabetes.

### The framework will also help:

- » **nurses** to understand what is expected of them in the workplace, assess their diabetes knowledge and skills, plan for further learning, explore a career in diabetes education, and mentor junior nurses
- » **workplaces** to set nursing standards, plan training for nurses, and develop policies and procedures that focus on diabetes
- » **universities and other educational institutions offering nursing qualifications** to plan learning programs for student nurses and make sure their graduates gain the most important knowledge and skills they need to provide diabetes care.

### More information

If you would like to view the framework, go to [ndss.com.au/health-professionals-resources](https://ndss.com.au/health-professionals-resources). If you want to ask any questions about this framework, you can call the Australian Diabetes Educators Association on **02 6287 4822** or send an email to [inquiries@adea.com.au](mailto:inquiries@adea.com.au).

Ask your nurses if they know about the framework: they may not yet because it is quite new. You can share this information with them, ask them about their experience in diabetes, and discuss how to achieve the best health outcomes for you.