

CGM Initiative eligibility expansion, July 2022

Information for health professionals

This information sheet is for health professionals supporting people with type 1 diabetes regarding the eligibility expansion to subsidised continuous glucose monitoring (CGM) and flash glucose monitoring (Flash GM) products through the NDSS.

Key information

- Access to subsidised continuous glucose monitoring (CGM) and flash glucose monitoring (Flash GM) products through the NDSS is expanding to include all people with type 1 diabetes.
- Rollout of the expansion will commence on 1 July 2022.
- There are different processes for newly eligible people registered with the NDSS to start accessing subsidised products. The exact date a person can start purchasing subsidised products will depend on the pathway relevant to them.
- Once a person's eligibility is confirmed, they will receive notification from the NDSS confirming access and you will be able to start purchasing subsidised products through NDSS Access Points (usually a community pharmacy).
- For people with type 1 diabetes aged 21 years or older who do not have concessional status, the co-payment they will pay is equivalent to \$32.50 per one month's supply.

The Australian Government's Continuous Glucose Monitoring (CGM) Initiative

The Australian Government provides access for eligible people to subsidised CGM and Flash GM products through the NDSS. The CGM Initiative aims to assist in the:

- reduction of the number of severe hypoglycaemic events
- improvement of blood glucose control in people with poor glycaemic awareness or suboptimal glycaemic management (maintaining glucose levels in the target range reduces the risks of developing diabetes-related complications)
- reduction of visits to emergency departments, and missed work and/or school days by helping eligible people and their families to manage their type 1 diabetes
- reduction in anxiety for eligible people with type 1 diabetes.

CGM Initiative eligibility expansion

Access to subsidised CGM and Flash GM products through the NDSS is expanding to include all people with type 1 diabetes. This means people with type 1 diabetes aged 21 years or older who do not have concessional status will have access to subsidised CGM and Flash GM products through the NDSS. Rollout of the expansion will commence on 1 July 2022.

There are no changes for people with diabetes who currently access fully subsidised CGM or Flash GM products through the NDSS.

Newly eligible people with type 1 diabetes

The process to apply for access to subsidised products will depend on whether a person has used CGM or Flash GM technology before (either accessed through the NDSS or directly from a product supplier).

For most people, there are a few steps they will need to undertake before they can start purchasing subsidised products and the exact date will depend on the pathway relevant to them.

People who have previously accessed the CGM Initiative

If a person with type 1 diabetes has previously participated in the CGM Initiative within the past six months (i.e., since 1 January 2022), they will be automatically re-activated on the CGM Initiative on 4 July 2022.

Self-funded users of CGM or Flash GM technology

Some people with type 1 diabetes who are active users of a CGM or Flash GM device which they self-fund can access a streamlined process. They will need to complete a simple online form and, if their information can be validated with a supplier, their access will be enabled. This pathway will be open on 1 July 2022 with access to subsidised CGM or Flash GM products possible from mid-July 2022.

New and non-recent users of CGM or Flash GM technology

For other people with type 1 diabetes, including new users of CGM or Flash GM technology and those who haven't accessed recently, they will need to see their diabetes health professional to discuss which device is most suitable for them and complete an Access Form.



Certifying access

Many newly eligible people will need to see their diabetes health professional to decide which is the most suitable CGM or Flash GM product, to receive training and education on use, and to have them complete a Continuous and Flash Glucose Monitoring Access Form.

Authorised health professionals can complete this form through the new NDSS Health Professional Portal or by using the form available to print from the NDSS website. People with diabetes will be encouraged to do this at their next regular appointment with their diabetes health professional.

If completing the Access Form online through the NDSS Health Professional Portal, the form will be processed, and the person's access confirmed within minutes if all required information is supplied. If a printed form is being submitted, it may take up to two weeks to be processed and confirmation sent once the form is submitted to the NDSS.

There are no changes to the diabetes health professionals authorised to certify Continuous and Flash Glucose Monitoring Access forms. Only authorised health professionals whose usual scope of practice includes the ongoing management and care of people with type 1 diabetes and are listed on the Continuous and Flash Glucose Monitoring Access Form relevant to you can certify your access. These are:

- credentialed diabetes educator (CDE)
- endocrinologist/diabetologist
- nurse practitioner
- physician
- paediatrician.

CGM Initiative forms cannot be certified by a general practitioner (GP) or practice nurse.

People who currently meet the existing eligibility criteria for the CGM Initiative and have access to fully subsidised CGM or Flash GM products through the NDSS

The eligibility criteria for access to fully subsidised CGM and Flash GM products (i.e., no co-payment) through the NDSS have not changed for the existing categories:

- children and young people aged under 21 years with type 1 diabetes
- people with type 1 diabetes aged 21 years or older who have valid concessional status
- women with type 1 diabetes who are actively planning pregnancy, pregnant, or immediately post-pregnancy
- children and young people under 21 years with conditions very similar to type 1 diabetes who require insulin.

If a person is currently eligible for the CGM Initiative under an existing category, they will continue to be able to access fully subsidised products through the NDSS for as long as they meet the eligibility criteria for that particular existing category. No action is required. If applicable, they will need to maintain valid concessional status. They will be notified when it is time to update their concessional status.

Information, resources, and education

The NDSS provides a broad range of information, resources and education sessions (including online webinars) about CGM and Flash GM technology. These resources can be used by health professionals and/ or provided to people with diabetes.

How to find out more?

Go to the NDSS website to find out more about the CGM Initiative eligibility expansion, including information for health professionals and FAQs for people with diabetes. If you have any questions, please contact us via email on info@ndss.com.au or call the **NDSS Helpline** on **1800 637 700**.